

MedShadow Foundation's
Impact Report

medshadow.org



Table of Contents

I.	Overview	3
II.	Highlights	4
III.	A Word From Our Community	5
IV.	Affecting the FDA	6
V.	Speaking Out	6
VI.	Podcasts, Interviews, and Articles	7
VII.	Current Operating Budget	8
VIII.	Collaborators	9
IX.	The Founder	10
X.	The Mission	11
XI.	Gratitude	11

An Overview of MedShadow Foundation's Staff and Impact to Date

14.2K

Number of Newsletter Subscribers

Who are among the first to be educated on better health!



19K

In Donations

Since tracking began in July 2022.



32.4M

Number of Pageviews

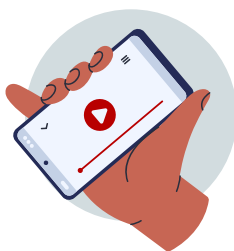
Our total accumulation since launching.



298K

Number of Video Views

Since video productions began in 2020.



2K

Number of Listeners

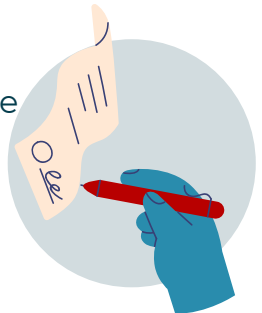
On our podcast, Power to the Patient with Dr. Lillie Rosenthal!



3.3K

Number of Signees

For our petitions to restore funding for research into Diethylstilbestrol (DES) exposure and remove Makena from market.



23K

Number of Followers

Across all our social media platforms.



2.2K

Number of Articles

Covering various health topics from Asthma to Zoloft, which are continuously updated as new research becomes available.



7

Number of Staff Members

Who do a surprising amount of heavy lifting!



The Highlights



Our Top Article: 🏆

COVID-19 Vaccine Side Effect Tracker

<https://medshadow.org/covid19-vaccine-side-effects/>



Our Top Downloadable: 🏆

Drug Classification Schedule

<https://medshadow.org/download/drug-classifications-schedule-i-ii-iii-iv-v/>



Our Top Podcast Episode: 🏆

The Side-Effects of Antidepressants: An Interview with Brooke Siem

<https://podcasters.spotify.com/pod/dashboard/episode/e1pdrk6>



Our Top YouTube Video: 🏆

Heart Organ Health | How it works, Diseases, Conditions, and Protection

<https://www.youtube.com/watch?v=jVSoRbf3Soo&t=136s>



Our Top Infographic: 🏆

6 Meds That Can Harm Your Kidneys

<https://medshadow.org/download/kidney-harm-infographic/>



Our Top Review: 🏆

The Last of Us: A Review of Parasitic Possibilities

<https://medshadow.org/the-last-of-us-a-review-of-parasitic-possibilities/>

What Our Community Says

Our impact can be measured in a variety of different ways, but one of the most important that we consider is the feedback that we receive from readers and subscribers like you. Over the years, MedShadow has received thousands of personal messages and comments, many thanking us for offering the unbiased health information we deliver.

Listen to what some readers had to say about MedShadow. We love hearing their stories of triumph, sharing their wins, and understanding the challenges they face.

From Managing Anxiety and Borderline Personality Disorder / Chris' Mental Health Journey

“

Bro, I don't know if you'll ever read this, but I hope you do.

You speak SO well in this interview - you articulate your feelings and your understanding of things perfectly!

From a beautiful little paradise on the South West coast of Australia, I send you much respect, love and gratitude, Chris - you were very brave to be so open and vulnerable here.

You certainly didn't "mess up," mate. I think your pure honesty will be a very positive influence on people...it might even change (or save) some lives! Power to you beautiful human ”

”

From Nutrition for Hypothyroidism Thyroid Disease

“

An outstanding share! I've just forwarded this onto a friend who has been doing a little homework on this.

And he, in fact, ordered me dinner due to the fact that I stumbled upon it for him... lol. So let me reword this....

Thank YOU for the meal!! But yeah, thanks for spending some time to discuss this topic here on your website.

”

From Exploring the Potential Harms of Vitamin D and 4 Other Vitamins

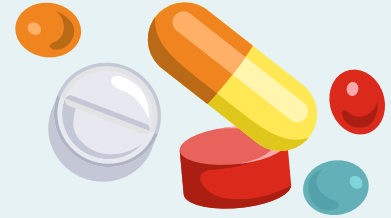
“

Retirement is about enjoying life, but health matters. Vitamin B supplement have been a constant companion. This article's emphasis on balance and potential risks serves as a reminder. It's never too late to reassess and ensure a healthy and informed approach to well-being.

”

Affecting FDA Drug Decisions

Our founder, Suzanne Robotti, is has been a member of the FDA Drug Safety and Risk Management Advisory Committee since 2017.



This past year Suzanne was a member of the Committee that voted in favor of allowing the contraceptive mini-pill, OPill, to be sold over-the-counter. She was quoted in Politico about her vote. Suzanne was also on the committee to evaluate Palovarotene for use with HO (heterotopic ossification, when bone fragments grow in parts of your body that they shouldn't) and was quoted in MedPage and StatNews.

Speaking Out for Patient Rights

Makena is a synthetic progesterone which had approval by the FDA to be used on pregnant women with the intent of lowering the amount of preterm births.

Preterm births often have devastating effects on the newborn and impacts the family and society throughout the child's life. Makena is not the cure, however. The drug has never been proven to have a beneficial effect for pregnant women or their fetus, but leaves them both vulnerable to side effects and long term adverse effects.

DES Action has been active in demanding the FDA remove the drug Makena from the market. After hosting a [petition](#), which received over 2,000 signatures, was distributed, the [FDA announced](#) its decision to withdraw its approval.

Shockingly, the manufacturer refused to comply and demanded another Advisory Committee meeting (two had already been held on this drug).

In 2023, as a representative of MedShadow and DES Action, Suzanne spoke [against the drug Makena](#) in an FDA Advisory Committee, this time as a member of the public.



Robotti has written several times about the legal issue of Merck not disclosing a significant side effect of their drug Fosamax. MedShadow Foundation sponsored and signed the Amicus Brief to the U.S. Supreme Court in 2019 and in 2023 we have have again sponsored and signed an Amicus Brief on the follow up court case on Fosamax coming up in Delaware Appeals Court in 2024.



Podcasts, Interviews and Articles

MedShadow reaches out to those who don't know us by conducting, producing, and featuring in interviews. Some places you can find MedShadow are:





The Founder

As president and founder of MedShadow Foundation, **Suzanne Robotti** continues to challenge figures of authority in the healthcare and pharmaceutical industries. Her work with MedShadow, DES Action, and the FDA has made her an independent force in the pharmaceutical and healthcare industries. Suzanne launched MedShadow Foundation because she was harmed by the adverse effects of a drug prescribed to her mother when pregnant with Suzanne.

Suzanne works toward a world where healthcare is not drug centric, but incorporates alternative therapies, home remedies and social prescribing. MedShadow Foundation is the bridge that brings us all closer to that goal.



MED SHADOW FOUNDATION

BALANCING THE RISKS AND
BENEFITS OF MEDICINE

The Mission

MedShadow Foundation remains committed to bringing awareness to the issue of medication side effects and medical harm.

We provide the public with unbiased information in the form of articles, guides, interviews, infographics, and educational videos. We remain independent from the pharmaceutical industry; we will never accept money, influence, favors, or gifts from pharmaceutical companies.

Gratitude

Finally, we want to extend a heartfelt thank you to each of our readers, subscribers, donors, and contributors.

It is because of your support, generosity, and relentless pursuit of verifiable health information that we have been able to continue publishing uninterrupted for over ten years.

If you enjoy the content we produce, we ask that you share it with your community and loved ones. As each and every new reader is a part of our growth, please do not hesitate to share your praises, opinions, or comments with our team at garnell@medshadow.org.